



QUICK REFERENCE GUIDE

HOW TO TAKE THE INTEREST PROFILER

The Interest Profiler is an assessment tool which helps individuals identify their work-related interests, gain self-knowledge about their vocational personality type, and develop career awareness of matching occupations.

HOW TO TAKE THE INTEREST PROFILER

1. Go to **RUReadyND.com** and log in to your account.
2. Click the **Career Planning** tab. Click the **Learn about Yourself** link.
3. Click **Interest Profiler**. This 60-question assessment takes 10-20 minutes to complete.
4. Click **Start** to take the Interest Profiler. Click **Continue** if you started, but didn't finish, the Interest Profiler in an earlier session and want to finish.
5. Read each activity and choose how much you would like or dislike that activity. Tip: The Interest Profiler will save your answers after every 10 questions, so if you need to stop, you won't have to restart at the beginning.
6. When you finish, Your **Interest Profile** will appear. Here you'll see your top interest areas indicated by the longer orange bars. These interest areas also contain bulleted descriptions of people who have that type of interest.
7. What else can you do?
 - **Reflect On Your Interest Profiler Results:** Reflect on your results using the checkboxes or the space provided, and then click **Save**.
 - Click **Matching Careers** in the top right corner of **Your Interest Profile** to see which careers match your interest type. The careers that best match your interests are listed first. Click the **Education Level** tab to sort the list by education levels.
 - Click any career name to open the profile for that career. Use the tabs along the left side to learn more about this career. To save this career, click **Add to Portfolio**.
 - Click the stars in the **Your Match** column next to a career to open a **Compare this to Your Profile** popup. This provides a visual comparison between your Interest Profiler results and those of the selected career.
8. Your Interest Profiler results are stored in your portfolio. To review your Interest Profiler results, log into the site, click the **Your Portfolio** tab, click **Career Planning Portfolio**, and then click **All About You**.